



NIAGARA UNIVERSITY
IN ONTARIO

Updated as of: March 18, 2022



NIAGARA UNIVERSITY INTERNATIONAL STUDENT COVID-19 READINESS PLAN

Prepared by: Vince Rinaldo, PhD, Vice President Ontario Administration



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This International Student Readiness Plan has been developed, in conjunction with Niagara University's [COVID-19 Readiness Plan](#), to outline how Niagara University is responding to Covid-19 and modifying/enhancing procedures and operations to allow academic and administrative activities to continue on-campus at our Vaughan Campus in accordance with federal, provincial, local government (including the York Region Public Health) laws, directives and guidance along with Niagara University policies.

This International Student Readiness Plan focuses on procedures and requirements for international students to travel to Canada and quarantine before being able to attend campus and begin academic programs.

Students, Faculty, Employees, Visitors and Contractors need to be familiar with Niagara University's Covid-19 Readiness Plan and comply with the requirements outlined before their visit, during their visit and after their visit to the Vaughan Campus.

Niagara University will continue to monitor the information provided by federal, provincial, local government (including the York Region Public Health) for the latest requirements and revise its Readiness Plans accordingly.

Please continue to check Niagara University's website www.niagarau.ca for the most-up-to-date information on what you need to know about our response to Covid-19.

If you have any questions, please contact Vince Rinaldo, Vice President for Ontario Administration at (905) 294-7260 ext. 1101.

Please note: earlier versions of this Plan provided detailed information, restrictions and government requirements that were in place at the time. This information has been removed from this version of the Plan to avoid confusion or outdated information.



Welcome to Niagara University in Ontario.

Founded by the Vincentian Community in 1856, Niagara University is a private university with a strong, values-based mission delivered through the Catholic Intellectual tradition. Its five academic divisions include the Faculties of Arts and Sciences, Business Administration, Education, Nursing, and Hospitality and Tourism Management.

On January 18, 2019, Niagara University consolidated its program offerings in Ontario and established a new campus in Vaughan. From this new campus graduate and post-baccalaureate programs are offered from the Faculties of Arts and Sciences, Business Administration, and Education. At the time of its opening, Niagara University had more than 300 Ontario students registered for and attending classes in Vaughan.

At the heart of the University's mission is the articulation, promotion and transmission of knowledge framed by the Catholic Intellectual and Spiritual Traditions. This mission takes shape first in the interactions between faculty and student.

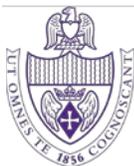
Through teaching, scholarship and service, this special relationship Niagara University prepares its students for positions of responsibility in the professions and in the broader society. In programs of study at the baccalaureate and graduate levels, Niagara seeks to develop within its students a passion for learning.

The Niagara University community strives to embody the vision of St. Vincent de Paul, in a mission that is educational, Catholic and Vincentian.



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Part 1: Guiding Principles

While we recognize that the threat from COVID-19 is not over, we must look to the future. Our culture and action must therefore be ready to pivot as needed to address the changing government and public health requirements regarding COVID-19.

The report of Niagara University's Restart Task Force entitled, *Forward Niagara: Creating a Resilient and Safe Campus*, has enabled Niagara University to move forward with our intention to resume academic and co-curricular activities, and brick-and-mortar operations but it is not intended to be all-inclusive. As our knowledge and understanding of the COVID-19 virus continues to evolve, and based on guidance from local governments and health organizations, we will update this plan accordingly. It is an evolving, living document. Check Niagara University's website: www.niagarau.ca for the most-up-to-date information on what you need to know about our response to Covid-19.

This report follows the direction laid out by the Commission on Independent Colleges and Universities. It was drafted consulting information and guidance from the Center for Disease Control (CDC), World Health Organization (WHO), Public Health Agency of Canada (PHAC), Public Health Ontario (PHO) the federal and provincial governments, York Region Public Health and best practices from emerging scientific knowledge, public health data, and instructional pedagogy. In addition, it follows guidance provided by the Ontario government in "A Framework to Reopening our Province."

On August 6, 2021, it was announced that all Niagara University staff and students must be vaccinated with one of the Health Canada-approved vaccines in order to attend the Vaughan campus for the fall 2021 semester. The mandatory vaccination requirement continues in place for the spring 2022 semester. Students, who have previously not provided proof of full vaccination or new students need to provide proof of full vaccination by January 17, 2022 through the [Medicat portal](#). Staff and students make seek a medical or religious exemption.

Only staff and students who are vaccinated or have been granted a medical or religious exemption will be allowed on campus. Additional information can be found at:

<https://niagarau.ca/current-students/forward-niagara/restart-plan/>

On August 31, 2021, Ontario's Chief Medical Officer of Health issued a directive requiring post-secondary institutions in Ontario to have mandatory vaccination policies in place by September 7th that apply to all employees, staff, contractors, volunteers and students. Niagara University issued an [update](#) explaining the requirements under the directive including:

- Wearing a mask is required for all indoor activities;



- Individuals who have been granted a vaccination exemption or have not been fully vaccinated for at least 14 days must submit to two antigen tests per week and demonstrate a negative result before coming onto campus; and
- Unvaccinated individuals must complete an online education session on COVID-19 vaccinations.

Please note that all programs in the spring 2022 semester will be offered online for international students who are unable to come to Canada or if in Canada, prefer not to attend in-person classes.

Niagara University's Commitment

- Health and safety of our staff and students is Niagara University's priority.
- Any people present on campus will be bound by the guidance in this manual while strictly respecting the evolving guidance and direction of public health authorities and the government.
- On campus learning will be increased at a gradual and safe pace per government and healthcare community,
- Niagara University will strive accommodate special circumstances for staff and students where possible.

Niagara University will:

- Take the necessary measures to protect the health and ensure the safety and physical well-being of employees, students, and visitors.
- Give employees, students and visitors adequate information regarding the risks connected with their work and education and make appropriate training available to them.

Employees and Students will:

- Become familiar with relevant safety guidelines.
- Take the necessary measures to ensure their health, safety, and physical well-being.
- Not endanger the health, safety, or physical well-being of other persons.
- Be respectful of guidelines, procedures, and processes.

COVID-19

Human coronaviruses cause infections of the nose, throat, and lungs. The coronavirus is most commonly spread from an infected person through:



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- respiratory droplets generated when you cough or sneeze.
- close, prolonged personal contact, such as touching or shaking hands.
- touching something with the virus on it, then touching your mouth, nose, or eyes before washing your hands.

Current evidence suggests person-to-person spread of COVID-19 is efficient when there is close contact. Physical distancing a critical prevention measure. Respiratory droplets of relevant size can travel a few feet before falling to the ground or evaporating so the 2-metre (6 feet) physical distancing rule is based on this. Proper handwashing, cough hygiene and cleaning with an appropriate disinfectant are also key to limiting virus transmission.

Those who are infected with COVID-19 may have little to no symptoms. You may not know you have symptoms of COVID-19 because they are similar to a cold or flu. Symptoms include:

- Fever
- New onset of cough
- Worsening chronic cough
- Shortness of breath
- Difficulty breathing
- Headaches
- Unexplained fatigue/malaise/muscle
- Runny nose/nasal congestion without other known cause.
- Sore throat
- Difficulty swallowing
- Decrease or loss of sense of taste or smell
- Chills
- aches (myalgias)
- Nausea/vomiting, diarrhea, abdominal pain Pink eye (conjunctivitis)

Symptoms may take up to 14 days to appear after exposure to COVID-19. Recent evidence indicates that the virus can be transmitted to others from someone who is infected but not showing symptoms. This includes people who:

- have not yet developed symptoms (pre-symptomatic).
- never develop symptoms (asymptomatic).

Part 2: Federal Requirements

For international students who have either been double vaccinated with Pfizer, Moderna or Astra Zeneca, Sinopharm, Sinovac, COVAXIN, or a single dose of Johnson & Johnson (Janssen) at least 14 days prior to arriving in Canada, the Canada Border Services Agency (CBSA) officer



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reviewing your documentation may waive the 14-day quarantine period. If waived of the quarantine requirement and released by the officer, the student is free to proceed into the main atrium of the terminal to meet up with the Niagara University representative. Although you are not automatically required to take a COVID-19 test, you may be requested to do so as randomly selected testing is occurring for fully-vaccinated travellers.

All Individuals Entering Canada MUST

- Comply with all federal requirements relating to COVID-19, including the use of the [ArriveCAN](#) app;
- Comply with all provincial and institutional requirements related to COVID-19; and
- Follow all provincial and local public health directions to prevent the spread of COVID-19 in their community.
- Follow local, provincial, and federal public health advice to prevent the spread of COVID-19, including masking, physical distancing, and hand hygiene; and
- Follow all Niagara University procedures including active daily screening and staying at home when feeling sick.

Entering Canada by Air During COVID-19

Travellers entering Canada must follow the rules set out by the **Emergency Orders** under the *Quarantine Act* to help reduce the spread of COVID-19. This includes screening at the border and at the direction of a Canada Border Services Agency officer, mandatory quarantine or isolation for 14 days. Failure to comply with any requirements or providing false information may result in fines, penalties or imprisonment. If you develop symptoms at any time, isolate yourself from others and contact local public health.

To assist in understanding what is required to fly to Canada, students should use the Government of Canada "Flying to Canada Requirements Checklist": <https://travel.gc.ca/travel-covid/travel-restrictions/flying-canada-checklist> to assist with their travel preparations.

These requirements incorporate the revisions that came into effect on February 28, 2022:

Before departure

- [Plan your quarantine](#)
You need to submit the 14-day quarantine plan that has been arranged by Niagara University which explains where you would stay at a hotel in isolation from other



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individuals and receive food and water in the event that a Canada Border Services Agency officer determines you need to quarantine.

As of February 28, 2022, you have the option to either take a [COVID-19 molecular test](#) within 72 hours before your scheduled flight OR a professionally administered or observed antigen test taken outside of Canada no more than 1 day before to your scheduled flight. More information on the test requirements is provided on the IRCC's website under the heading: Pre-entry testing (accepted types, timing): <https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada#pre-entry-testing>

- [Register](#) for your arrival test in advance to save time at the airport in case you are directed by a Canada Border Services Agency (CBSA) officer to take one.
- You must enter the required information to the [ArriveCAN](#) app within 72 hours before your arrival to Canada.
- Have your ArriveCAN receipt and test result ready.

Upon arrival to Canada

- Provide required information and documents including proof of vaccination. (You should have both paper and electronic copies of all required information and documents to provide to the Canada Border Services Agency officer.) (Travellers need to provide proof of both the first dose and second dose of the Health Canada approved vaccines.)
- Answer all eligibility and health screening questions.

If you have symptoms or an unsuitable quarantine plan, you will be directed to quarantine at the pre-booked hotel by Niagara University.

Your quarantine. If directed by a CBSA officer to quarantine, you need to proceed directly to the pre-booked hotel listed in your Niagara University quarantine plan entered into the ArriveCAN app.

Upon arrival at the pre-booked hotel, [Create an account](#) with Switch Health for your Day 8 test.

Niagara University will, in accordance with provincial requirements, book all COVID-19 tests for students and co-arriving family member(s) for Day 14 of the initial 14-day quarantine period. Niagara University will also arrange for a COVID-19 test during the quarantine period for any students or co-arriving family member(s) who develop signs and symptoms consistent with COVID-19.



Use ArriveCAN or call 1-833-641-0343 to check-in daily and to report any symptoms.

You will be contacted by Government of Canada and provincial or territorial officials.

[Entering Canada by air during COVID-19 - Canada.ca](#)

Part 3: Government Travel Requirements

Eligibility to Travel.

Beginning October 20, 2020, Immigration, Refugees & Citizenship Canada (IRCC) announced that [international students are exempt from travel restrictions](#) and are able to travel to Canada for their studies if they meet all requirements and have all authorizations for travel.

According to the most current travel restrictions, individuals planning to enter Canada as a student must:

- I. Have a valid study permit *or* a letter of introduction that shows they were approved for a study permit.
- II. Be attending a [designated learning institution \(DLI\) with a COVID-19 readiness plan](#) approved by its province or territory; and
- III. Fully-vaccinated [as determined by Health Canada](#)

Family Members

If you are an adult student with a family member who wants to come with you to Canada, you must **submit your study permit/visa applications together** to IRCC when you apply online.

To be able to enter Canada, your family member needs to have one of the following:

- a study or work permit
- a letter of introduction showing they've been approved for a study or work permit
- a visitor visa or electronic travel authorization (eTA)

They must also **meet all other requirements** to enter Canada as a [student](#), [worker](#) or [visitor](#).

If they join you later

If your family wants to join you after you are already in Canada, what they need to travel depends on where they are travelling from. Find out [what they need to join you in Canada](#).

If you need the help of a family member to settle in Canada



Your family member **does not** need a written authorization from IRCC to travel with you. **Only 1 immediate family member** can travel with you to Canada to help you to settle. Your family member must have an essential (non-discretionary) reason for travel. Essential reasons for travel are either:

- You have supporting documents that prove you need a family member with you to get settled.
 - **For example**, you submit a medical note as proof that you have a medical condition or disability and need help getting settled.

Your family member may still need an electronic travel authorization (eTA) or a visitor visa to travel to Canada. Find out [what document they need to travel to Canada](#).

If they need a visitor visa

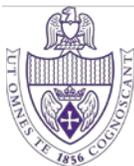
You should include their [visa application](#) when you apply online for your study permit.

If they need an eTA

They must apply for an eTA separately. Make sure they follow the [special instructions on how to apply for an eTA](#) at this time: [Coronavirus disease \(COVID-19\): International students - Canada.ca](#)

Part 4: Before you Travel to Canada

- You must have a valid study permit or proof of approval to come to Canada. If you only have an approval in principle/first-stage approval, you cannot yet travel.
 - Your letter of acceptance from Niagara University and/or your letter of enrolment which you will receive as part of your welcome package. Questions may be directed to InternationalOntario@niagara.edu with the subject line Letter of Enrollment Request.
 - This letter is free of charge and will show your enrolment and registration in an academic session. It verifies whether your study is of full-time or part-time status, provides instructional hours (i.e., Program Schedule), and the start and end dates of the academic session.
- Proof of financial support (as many documents as possible) - that you have enough money to support yourself and any family members who come with you to Canada.
- Your quarantine plan information (This will be provided to you as part of your welcome package: Niagara University's Quarantine Accommodation Program found on p. 27 of this document).



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- Entry support letter.
 - Niagara University's Quarantine Accommodation Program will include an entry support letter that will be provided as part of your quarantine documentation package. Please note that this letter does not guarantee entry into Canada. If, for any reason, you are denied entry into Canada and/or required to leave, you will be solely responsible for the cost of repatriation.
- For more information related to COVID-19, please visit IRCC [Travel Exemptions and Restrictions for International Students](#)

Applying for a Study Permit with the IRCC

The IRCC will process a [complete study permit application](#) (including biometrics and immigration medical examination results) as quickly as possible—but cannot guarantee that a final decision will be received before the spring semester begins.

Apply for Your Study Permit Online

If you are applying for a study permit, you should [apply online](#), whether you are outside of Canada or already in Canada.

When you apply, you should submit

- the letter of acceptance issued to you by the designated learning institution (DLI) you'll be attending
- as many of the [documents needed for a complete application](#) as possible
- a [letter of explanation for any documents that are missing](#) due to COVID-19

If you **can't** apply online because of a disability or because there's a [problem with the online application](#), you can apply on paper.

For more information visit: [Coronavirus disease \(COVID-19\): International students - Canada.ca](#)

Health Insurance

All international students are required to have healthcare coverage while in Canada. Upon registration, a student will automatically be enrolled in the Complete Morcare Program offered by ACL Student Benefits. The annual cost of the program is \$820.00 and will be added to your first tuition invoice. Detailed information about the plan is available as part of your student welcome package.



Quarantine Plan

Students will be required to register for Niagara University's Quarantine Accommodation Program. Niagara University's Quarantine Accommodation Program is comprised of the following:

1. Niagara University will book a 14-day stay at either the Spring Hill Suites by Marriott Toronto Vaughan, or the Courtyard by Marriott Vaughan depending on availability. Be sure to bring a copy of your reservations with you to present as evidence of your Quarantine Plan. The accommodation will include:
 - Food (breakfast/lunch/supper)
 - room
 - security
 - transportation
 - infection prevention and control measures
2. Niagara University will arrange for private transportation from Toronto Pearson Airport directly to either the Spring Hill Suites by Marriott Toronto Vaughan, or the Courtyard by Marriott Vaughan.
3. Niagara University will book your required COVID-19 tests during the quarantine period, and provide private transportation to and from required test sites.
4. Your Niagara University Liaison for your Quarantine Plan is:
Ms. Yasmeen Shubber
Services Coordinator for Niagara University in Ontario
Cell: (905) 923-7260
Email: yshubber@niagara.edu

Emergency Contact:

In an emergency during your quarantine or if you are unable to contact your appointed University representative, please contact the Campus Safety Department at **(716) 286-8111** or safety@niagara.edu for assistance. **The Campus Safety Department operates 24 hours a day, seven days a week.**



Cost

Niagara University will make all testing appointments, hotel accommodations, and private transportation arrangements. Hotel accommodations will include Internet access and a daily food plan (breakfast, lunch, supper). The cost of the program is \$4,500 CAD, which must be paid by the international student to Niagara University at least 14 days prior to their arrival in Canada.

Please note that this cost is only for the initial 14-day quarantine period. Should a student and/or co-arriving family member(s) require additional quarantine beyond the initial 14-day period, the student will incur additional fees to cover these costs.

Complying with the *Quarantine Act*

It is imperative that students and their co-arriving family members understand that they are expected to comply with all requirements listed below, and that as part of this requirement, regular check-ins will be required in order to actively monitor the compliance with the following:

- All federal, provincial, and applicable local requirements during their quarantine period
- That persons under quarantine do not leave their quarantine accommodation except in the event of urgent medical care or to access private outdoor space that is part of their accommodation arrangements and is not accessible to others outside of the co-arriving family group (e.g. a private patio or balcony).
- Check in with the Niagara University representative (or delegate) and the Canada Border Services Agency as required.
- Check in on the ArriveCAN app daily.
- Contact the Niagara University representative (or delegate) and follow all relevant institutional policies if they develop signs and symptoms consistent with COVID-19.
- Contact the Niagara University representative (or delegate) and follow any relevant Niagara University policies if they are in need of essential items, including food, water, internet, and other supplies to maintain their quarantine.

Please note that it is an [offence under the *Quarantine Act*](#) to:

- violate any instructions provided to you when you entered Canada
- fail to provide accurate information



An offence could lead to any or all of the following:

- tickets of up to \$3,000
- admission into a federal designated quarantine facility
- 6 months in prison
- a maximum of \$750,000 in fines

Part 5: Form Completion

- A. Complete and submit your Quarantine Accommodation form at least 4 weeks **before your planned date for travel**;
 - Keep a copy of this form for yourself as you may be required to present it to a Canada Border Services Agency (CBSA) Officer at your port of entry.
- B. **Additional requirements:**
 - You must abide by the requirements of Niagara University's approved COVID-19 readiness plan. This includes (but is not limited to):
 - Daily check-ins with your appointed Niagara University representative or delegate
 - Mandatory post-quarantine COVID testing
 - Student code of conduct

Any infractions or failure to comply with these requirements will be dealt with in accordance with Niagara University's Student Conduct Policy and may, depending on the severity of the infraction, result in penalties up to and including expulsion from the program.

Part 6: Arrival Itinerary

If you clear Canadian customs and do not need to quarantine:

Upon clearing Canadian customs, you will proceed to the public area in the terminal concourse and meet with a representative of Niagara University.

If you arrive at Pearson Airport's Terminal 1, the designated meeting place is in front of the Starbucks restaurant between Door C and Door D on the Arrivals level of Terminal 1 ([click to see Terminal 1 map](#)).



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If you arrive at Pearson Airport's Terminal 3, the designated meeting place is in front of the Tim Hortons restaurant on the Arrivals level of Terminal 3 beside Door F ([click to see Terminal 3 map](#))

If you do not have to quarantine, the Niagara University representative, will welcome you to Canada, answer any questions and assist you in departing the airport.

Please note that you are expected to continue to follow federal, provincial, local, and Niagara University policies and directions to prevent the spread of COVID-19 in the community including:

- wear a mask when in public spaces for the first 14 days after your entry;
- maintain a list of all close contacts for your first 14 days in Canada;
- monitor yourself for signs and symptoms of COVID-19; and
- keep copies of your proof of vaccination and pre-arrival tests.

If you clear Canadian customs and are required to quarantine:

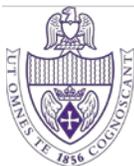
Upon clearing Canadian customs, you will proceed to the public area in the terminal concourse and meet with a representative of Niagara University.

If you arrive at Pearson Airport's Terminal 1, the designated meeting place is in front of the Starbucks restaurant between Door C and Door D on the Arrivals level of Terminal 1 ([click to see Terminal 1 map](#)).

If you arrive at Pearson Airport's Terminal 3, the designated meeting place is in front of the Tim Hortons restaurant on the Arrivals level of Terminal 3 beside Door F ([click to see Terminal 3 map](#))

If you have been directed to quarantine for 14-days by the CBSA officer, the Niagara University representative will screen you for COVID-19 symptoms, provide you (and members of your family) with new surgical masks, to be used during your transportation to your quarantine accommodations. You will also be reminded of the requirement to physically distance a minimum of 2-metres (6 feet) from others at all times, and to practice hand hygiene and respiratory etiquette during your travels, and while in Canada.

- a. The University representative will escort you to your private transportation that will take you directly to the pre-booked hotel to begin your 14-day quarantine period. Please note that the driver responsible for your transportation will be informed well in advance that they will be picking up travelers arriving in Canada. They will be advised of any precautions they must take to protect your health and safety including: being informed not to work if symptomatic.



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- b. During your transportation you and your driver will be required to wear masks, ensure that the windows are down (weather permitting), and practice physical distancing with the driver.

2. The University representative will assist with your check-in at the hotel for your 14-day quarantine.

Accommodations for the 14-day quarantine will include:

- i. Private room for each student with a private bathroom.
- ii. Appropriate supports for individuals living with disabilities or other health conditions.
- iii. Food and water
- iv. Sanitation services (including access to cleaning and disinfecting of their living spaces during the quarantine period)
- v. Laundry services
- vi. Surgical masks
- vii. Phone services (via the hotel's in-room phone system)
- viii. Internet services

Niagara University will ensure that resources and information on COVID-19 are provided in an accessible manner (e.g. plain language, pictures/symbols, available as needed in languages other than English and French as appropriate. If required, access to services such as medical care, including COVID-19 testing, counseling and [Mental health supports](#), Social supports, and Educational supports will be made available through your Niagara University's representative.

Quarantine Accommodation

If you are directed by a CBSA officer to quarantine during your 14-day quarantine period, you are expected to monitor for signs and symptoms of COVID-19.

The university will monitor you (and your family) for the development of [signs and symptoms of COVID-19](#), compliance with the quarantine measures, and to ensure that your essential needs are being met during the time you are in quarantine. This includes daily check-ins with your Niagara University representative or delegate through one or more of the following:

- Phone
- Video call
- Text
- Email



You will be assigned a Niagara University representative who will act as a liaison for you. Please reach out to your Niagara University representative if you or any members of your family develop symptoms, require medical care, or require other essential needs.

While in quarantine, you will be required to comply with all federal, provincial, and applicable local requirements including:

- Remain in your quarantine accommodation except in the event of urgent medical care or to access private outdoor space that is part of your accommodation arrangements (e.g. a private patio or balcony).
- You must have no contact with seniors or individuals with chronic medical conditions (e.g. diabetes, lung problems, immune deficiency) outside of your co-arriving family members.
- Check-in with Niagara University representative and the Canada Border Services Agency as required.
- Check-in on the [ArriveCAN](#) app daily.
- Contact your Niagara University representative (or delegate) and follow all relevant policies if you develop [signs and symptoms consistent with COVID-19](#).
- Contact your Niagara University representative (or delegate) and follow any relevant policies if you are in need of essential items, including food, water, internet, and other supplies to maintain their quarantine.

Daily Check-in

The Niagara University representative or delegate will conduct regular check-ins with students and their co-arriving family members to confirm compliance with their quarantine requirements.

Where a third-party or delegate is performing any or all of the tasks associated with regular monitoring, Niagara University will ensure oversight and compliance of the third-party in carrying out these tasks. In addition, the third party/delegate will be provided with the University contact information so in the event of an emergency, the third party/delegate will advise the University contact immediately.

If You Develop Symptoms While in Quarantine

There is a [COVID-19 Self-Assessment Tool](#), if you believe that you or a family member has developed signs or symptoms consistent with COVID-19.



In the event that you or a co-arriving family member develops [signs and symptoms consistent with COVID-19](#), you should report this to appropriate authorities, including via the ArriveCAN app, and to your Niagara University representative. *Note: Do not contact York Region Public Health as your Niagara University representative will do so.*

Your Niagara University representative will be able to connect you with appropriate medical care for further assessment beginning with contact information for Telehealth. In the case where you or your family member require in-person medical assessment, the arrangements will be made by your Niagara University representative. These arrangements may also include arranging for COVID-19 testing at [a local COVID testing site](#). Up-to-date information on testing sites is available at [Symptoms, Transmission, Treatment and Testing | York Region](#)

Quarantine Non-Compliance

All travellers entering Canada are required to comply with measures set out by the [emergency orders](#) under the [Quarantine Act](#). Maximum penalties for a contravention of these measures include a fine of up to \$750,000 and/or imprisonment for six months. Further, a person who causes a risk of imminent death or serious bodily harm to another person while willfully or recklessly contravening the Act or the regulations could be liable for a fine of up to \$1,000,000 or to imprisonment of up to three years, or to both.

The [Contraventions Act](#) has been changed to give police (including the RCMP, provincial and local police) more power to enforce the *Quarantine Act*. They can issue tickets to people who don't comply with the Act or the emergency orders. Fines range from \$275 to \$1,000.

In the event of a breach in quarantine by you or any member of your family in quarantine, Niagara University is required to contact Health Canada and local law enforcement. Internally, this breach will be dealt with in accordance with the provisions of the Student Conduct Policy.

Testing

During the 14-day quarantine period, all students and their co-arriving family members will be required to complete and submit a COVID-19 molecular test on Day 8 along with being transported to a COVID-19 testing centre on Day 14.

The Ontario government requires all students and their co-arriving family members to obtain a COVID-19 test at the end of their 14-day quarantine.

In addition, in the event that a student and/or co-arriving family members develop signs or symptoms consistent with COVID-19, public health officials may require additional COVID-19 testing during the quarantine period.



For Niagara University students, this testing will be done at a testing centre listed on the [York Region Public Health Testing Centre webpage](#). Niagara University will book all required COVID-19 tests (Day 14 and in the circumstance where symptoms appear during the quarantine period) and make arrangements for private transportation to and from the testing centre. The address of the York Region Testing Centre is:

MacKenzie Health

10 Trench Street
Richmond Hill, ON
L4C 4Z3

[Map it \(opens Google Maps\)](#)

Who can get a test?

- Can test anyone over 6-months old
- Cannot test people over 20 weeks pregnant

Appointment and location details

- Appointment only. Call or visit their website to make an appointment

Hours

- Monday - Friday: 10 a.m. to 9:30 p.m.
- Saturday - Sunday: 10 a.m. to 5:30 p.m.

Phone number

[905-883-1212 ext. 2004](tel:905-883-1212)

Website

www.mackenziehealth.ca/en/index.aspx

Public Health Unit

York Region Public Health

Completing Quarantine

You will be released from your quarantine upon the successful completion of your 14-day quarantine period without developing COVID-19. Letters from public health or health care providers to attest an individual's clearance is neither required nor recommended.

Following the successful completion of your quarantine or self-isolation, you are expected to continue to follow federal, provincial, local, and Niagara University policies and directions to prevent the spread of COVID-19 in the community including:



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- wear a mask when in public spaces for the first 14 days after your entry;
- maintain a list of all close contacts for your first 14 days in Canada;
- monitor yourself for signs and symptoms of COVID-19; and
- keep copies of your proof of vaccination and pre-arrival tests for 14 days.

Failure to comply with government laws may result in financial penalties and/or imprisonment. In addition, any infractions or failure to comply with these requirements or Niagara University policies and directions will be dealt with in accordance with Niagara University's Student Conduct Policy and may, depending on the severity of the infraction, result in penalties up to and including expulsion from the program.

COVID-19 Symptoms

- **For Employees:** We ask that out of concern for your colleagues the faculty, staff, or anyone who has flu-like symptoms not come to the campus. Please contact your supervisor or in cases of faculty, the department chair and Associate Dean to apprise them of the situation so that they can work with you on an accommodated plan. If you are experiencing any of the symptoms associated with COVID-19, the Province recommends that you get tested. For testing information please visit [York Region](#).
- **For Students:** We ask that out of concern from your classmates and instructors, students who have flu-like symptoms to not come to campus to attend classes, study or meet with classmates or instructors. Please contact your instructors and apprise them of the situation so that they can work with you on an accommodated plan. If you are experiencing any of the symptoms associated with COVID-19, the Province recommends that you get tested. For testing information please visit [York Region](#).
- Students who exhibit signs and symptoms of COVID-19 during the semester will be referred for testing through York Region Health. Niagara University Health Services will work in partnership with York Region Health and the Province in the contact tracing of COVID -19.
- Students who meet any of the following criteria: travel outside of Canada, test positive for COVID-19, or who have come into close contact with a person who has tested positive, will be required to isolate for 14 days prior to returning to campus. Please contact your professors to make alternate arrangements.
- The University will ensure attention to appropriate arrangements for those who are vulnerable. Physical, mental, and emotional needs will be met with appropriate measures from across student services.
- Health Services will adapt student support services like telehealth and tele-counseling.



Health and Safety

PPE

- All students will be provided with two three-ply, 100% cotton masks. These masks contain copper and silver, which provide antimicrobial properties and can be washed up to 15 times.
- All faculty will be provided with one three-ply, 100% cotton mask. This masks contains copper and silver, which provide antimicrobial properties and can be washed up to 15 times.
- Masks must be worn by students, faculty, staff, administration, and visitors at all times within the building regardless of the ability to remain 2-metres apart. This applies to classrooms, washrooms, and common areas etc. Masks are not a substitute for social distancing.
- Hand sanitizing stations will be situated in various locations on site.
- All BPS students will be required to complete a daily screening. Graduate students will complete screening on the days they have classes.
- Sanitizing wipes will be made available by hand sanitizing stations
- Cleaning kits have been created and are located in all classrooms
- In addition to PPE, NU staff and faculty who may come into personal contact with students during their 14-day quarantine period will receive training on safety protocols.

Prevention Measures

- Do not come to campus if you experience any symptoms of COVID-19 or have been exposed to someone diagnosed with COVID-19.
- Wash your hands frequently.
- Practice good cough etiquette.
- Consciously remind yourself to not touch your mouth, nose, or eyes.
- Maintain a physical distance of 2-meters at all times when other physical barriers are not present.
- Wear a mask or other appropriate face covering if you are unable to maintain the 2-meter distance.
- You must wear a community/face mask if you are taking public transit, taxis or public ride sharing.
- Ensure frequent cleaning of your work area especially high-touch surfaces and objects.
- The safety of the individual overrides personal convenience or preference.



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- Failure to comply with these guidelines could result in reduced access, exclusion from the building, and other disciplinary measures.

Hand Washing

Wash your hands with soap and water for at least 20 seconds including palms, backs of each hand, between fingers, thumbs and under nails. Rinse and dry hands well.

- If soap and water are not available, use an alcohol-based hand sanitizer.

Hands should be washed in the following situations:

- Upon arrival to campus, mid day, prior to leaving campus
- After working in close contact with another employee/student (less than 2 meters)
- Whenever your hands are soiled/dirty
- After visiting the washroom Upon arrival back home

In washrooms and at hand washing sinks, the following items will be available:

- soap
- paper towels
- wastepaper baskets for disposal of paper towels.

Hand Sanitizers

Hand sanitizer stations have been made available through out the campus. Hand sanitizer approved by Health Canada is available for use if soap and water are not available.

How to use hand sanitizer (Rub hands for at **least 20 seconds**):

- Apply 1 to 2 pumps of product to palms of dry hands.
- Rub hands together, palm to palm.
- Rub in between and around fingers.
- With palm of other hand rub fingertips of each hand in opposite palm.
- Rub each thumb clasped in opposite hand.
- Rub hands until product is dry. Do not use paper towels.
- Once dry, your hands are clean.

When coughing or sneezing

- cough or sneeze into a tissue or the bend of your arm, not your hand.
- dispose of any tissues you have used as soon as possible in a waste basket and wash your hands afterwards.



Cleaning

Cleaning with soap and water or a suitable cleaning solution reduces number of germs, dirt, and impurities on the surface.

- Wear disposable gloves to clean and disinfect.
- Clean surfaces using suitable cleaning solution or soap and water, then use disinfectant.
- Practice routine cleaning of frequently touched surfaces.
- More frequent cleaning and disinfection may be required based on level of use.
- Surfaces and objects in public places must be cleaned and disinfected before each use.

Disinfecting kills germs on surfaces.

- Use only disinfectants that have a Drug Identification Number (DIN). A DIN is an 8-digit number given by Health Canada that confirms it is approved for use in Canada.
- Follow the instructions on the label to ensure safe and effective use of the product.
- Keep surface wet for a period of time (see product label).
- Wear gloves and make sure you have good ventilation during use of the product.
- **Always read and follow the directions on the label** to ensure safe and effective use:
- Wear skin protection and consider eye protection for potential splash hazards.
- Ensure adequate ventilation.
- Use no more than the amount recommended on the label.
- Use water at room temperature for dilution (unless stated otherwise on the label).
- Avoid mixing chemical products.
- Label diluted cleaning solutions.

Soft surfaces

For soft surfaces such as carpeted floor, rugs, and drapes:

- Clean the surface using soap and water or with cleaners appropriate for use on these surfaces.
- Launder items (if possible) according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely.
- Disinfect with a household disinfectant that meets the criteria to fight against COVID-19.

Electronics (such as tablets, touch screens, keyboards, remote controls, and debit machines)

- Use alcohol-based wipes or sprays containing at least 70% alcohol. Dry surface thoroughly.
- Consider putting a wipeable cover on electronics.



Screening

- All BPS students/staff/administration will be required to complete a daily screening.
- Graduate students and faculty will complete screening on the days they have classes.
- In addition, planned visitors, and third-party employees will also be required to complete a screening prior to gaining entrance to the building
- The University uses the Mediat App for screening. The screening will provide a green badge that is time stamped on the individual's phone, which will show that they have completed the screening and have confirmed that they are symptom-free.
- Those who have completed the screening will be able to show this information to faculty upon entering the classroom or the staff upon entering the building.
- The screening tool will be implemented through Health Services, who will monitor recommendations from the CDC, PHO, and PHAC to ensure the instrument and questions are up-to-date and appropriate.
- In addition to the University screening tool, all staff and faculty will complete [the Ontario Workplace Screening tool](#).
- University and Workplace Screening tools are available through the [Ontario website COVID page](#)
- Signage for self-monitoring will be included as part of AReveryware
-

Physical Distancing

- Physical distancing means keeping our distance from one another. It means staying at least 2-metres (or 6 feet) away from other people whenever possible.
- To ensure we are following the physical distance guidelines throughout the time on campus, below are the expectations:
 - Arrive for your class/shift 10 minutes prior to start time.
 - Breaks for all staff and students are to be staggered to limit the density of people in common areas. Breaks are restricted to your designated work area or to outside of the building.
 - Common areas are closed until further notice and must not be used.
 - Students and staff must go directly to their assigned room.
 - When there is a need to go to the washroom, go directly and return directly, maintain physical distancing at all times.
 - All individuals must follow the directional signage.
 - Respect density restrictions in the washroom – only one person at a time.



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- All individuals, while on the premises will be required to maintain a 2-metre distance at all times.
- We recommend that students come equipped with the materials that they will need such as pens, pencils, paper as sharing these among people may be met with some resistance.
- Out of concern for classmates and the faculty and staff at Niagara University, please follow government guidelines and refrain from gathering in large groups.



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Niagara University Quarantine Accommodation Form

First Name

Last Name

Student Number

Student Email

Program of Study

International Home Address

Street Number

Street Name

State/Province/Region/Other

Country

Postal Code/Other

Phone number

Arrival Information

Arrival Date

Anticipated Arrival Time

Airline

Flight Number

Cell Phone number

Will you be travelling with any family members?

If so, please provide the following information on each family member traveling with you:

Name:

Relationship to you:

If a child – what is the age of the child?

Email:

Phone number:

Each student must complete the attestation as required by the provincial government by reading, signing, and dating, the form below:



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Each student must complete the attestation below and return to the University by emailing a signed and dated copy to InternationalOntario@niagara.edu as required by the provincial government:

Student Attestation

1. I, _____, have received a copy of, read, and understand the pre-arrival requirements put forth by the governments of Canada, Ontario and York Region and by Niagara University and I agree to abide by them in full.
2. I have received a copy of, read, and understand the quarantine requirements put forth by the governments of Canada, Ontario and York Region and by Niagara University and I agree to:
 - a. Comply with all federal, provincial, and applicable local requirements along with Niagara University policies during the quarantine period.
 - b. That I will not leave my quarantine accommodation except in the event of urgent medical care or to access private outdoor space that is part of my accommodation arrangements and is not accessible to others outside of my co-arriving family group (e.g. a private patio or balcony).
 - c. Check in with my appointed Niagara University representative (or delegate) and the Canada Border Services Agency as required.
 - d. Check in on the ArriveCAN app daily.
 - e. Contact my appointed Niagara University representative (or delegate) and follow all relevant institutional policies if I or a member of my co-arriving family develop(s) signs and symptoms consistent with COVID-19.
 - f. Contact my appointed Niagara University representative (or delegate) and follow any relevant Niagara University policies if I am in need of essential items, including food, water, Internet, and other supplies to maintain my quarantine.
3. I understand that I am expected to continue to follow federal, provincial and local government requirements and Niagara University policies and directions to prevent the spread of COVID-19 in the community after my quarantine period has been completed.

In signing this attestation, I recognize that failure to comply with any of requirements listed above may result in significant financial penalties and/or imprisonment under federal, provincial and local government laws. In addition, I may be subject to penalties under Niagara University's Student Conduct Policy up to and including expulsion from the program.

Signature

Date



Spring Hill Suites by Marriott Toronto/ Courtyard Marriott Vaughan Hotel Important Information and Resources

We have prepared this information to provide you details that you need to know during your stay at the Springhill Suites by Marriott or Courtyard Marriott Vaughn Hotel. Please review the information and do not hesitate to contact any of the resources listed if you need assistance or support during the quarantine period. We look forward to having you back on campus very soon!

Policies and Procedures

General

- All Niagara University policies and procedures, including the Student Code of Conduct, and hotel conduct guidelines apply to students at all times during their stay at the Springhill Suites by Marriott or Courtyard Marriott Vaughn Hotel (<https://www.niagara.edu/student-code-of-conduct/>). Violation of University policy, hotel policies, or the terms outlined in this document subject students to immediate removal from the Springhill Suites by Marriott or Courtyard Marriott Vaughn Hotel and may result in University conduct action up to and including suspension or expulsion
- Any student removed from the Springhill Suites by Marriott or Courtyard Marriott Vaughn Hotel for misconduct will be responsible for making their own arrangements for the completion of the quarantine requirement.
- Students must abide by reasonable written or verbal requests from hotel personnel and Niagara University staff.
- Smoking and vaping is not permitted in guest rooms or outside of designated outdoor areas. Students will be responsible for any cleaning charges or fines for causing the activation of fire detection equipment for smoking/vaping outside of designated areas.

COVID-19 Protocols and Expectations

- Canada's quarantine requirements dictate that students must remain in their private hotel room until their quarantine period is complete. Except in an emergency, students should not move around the hotel or visit other student rooms until the end of your quarantine period.



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- Face coverings that cover both the nose and mouth must be worn at all times when students are outside of their own hotel room and once a negative COVID-19 test result is received.
- If/when students are permitted to use designated indoor and outdoor hotel spaces, posted restrictions on the capacity of space and adherence to six-feet of distancing between individuals is required.
- Students are not permitted to use any indoor or outdoor spaces except for those designated for use.
- Students may not leave the hotel property for any reason except personal medical emergency.

Dining

- Breakfast, lunch, and dinner will be available to your room. The cost of meals will be included in the price of the hotel stay.
- Students may also opt to order food delivery from local restaurants (at your own additional expense) using DoorDash, Grubhub, Uber Eats, etc. Deliveries should be made to the lobby where hotel personnel will deliver items to your room.

Hotel Property Usage/Room Visitation

- Hotel common areas (including the fitness center and pool) are – unfortunately – **not** able to be used under the quarantine requirements.
- Students are asked not to use elevators unless required for accessibility reasons.
- Students may not host outside guests at the hotel any time during the quarantine period.



Student Support Resources

COVID-19 FAQs: General and Academic

<https://www.niagara.edu/coronavirus-faq/>

Academic Success and Support Resources

Academic Success Center (ASC)

The ASC provides tutoring, writing tutoring, support for students with disabilities (e.g., extended time on tests), study skills support, and many other resources to support students in the online/remote environment.

Website: <https://www.niagara.edu/asc/>

Email: asc@niagara.edu.

Niagara University Library

Email: ask@niagara.libanswers.com

Text: 716-803-6464

Phone: 716-286-8020

Career Services

Career Services is available to assist students by appointment with Career Counseling; Internship, employment, and graduate school search assistance; Practice Interviews; Resume/ Cover Letter Critiques; Networking Connections; [Handshake: The Get Hired Portal](#); and virtual employer connections. All Career Services appointments will take place via email, phone, or Zoom (a video conferencing tool)

Website: [Career Services | Niagara University in Ontario](#)

Phone: 716.286.8500

Email: careers@niagara.edu

Spiritual Support

Campus Ministry

Campus Ministry is an important resource for prayer, pastoral support, and spiritual direction. If you would like to speak with a campus minister, or have a special prayer request, please get in touch.

Ms. Kristina Daloia ministry@niagara.edu 716-286-8400

Rev. Aidan R. Rooney, C.M. mission@niagara.edu 716-286-8416



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Student Affairs Resources

Health and Wellness

Physical and mental health and wellness

Counseling Services

[Counseling Services | Niagara University in Ontario](#)

Student Affairs/Dean of Students

General student welfare and support, student conduct

Phone: (716) 286-8405

General Questions (text): (716) 525-5603

Office for Equity and Inclusion

Discrimination concerns, including sexual assault, dating violence, domestic violence & stalking

Phone: (716) 286-8324

Email: mcosgrove@niagara.edu